



## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon
<b>Lunch</b>	Salmon pasta with broccoli and a side of garlic bread	Homemade buttermilk chicken tenders with a Texan bean salad and corn on the cob <i>Homemade fish tenders</i>	Vegetable potato lasagne	Vegetable tikka masala with rice and a side of mini naan bread	Mexican beef burrito bowl with tortilla wraps, sour cream, guacamole and salsa <i>Quorn mince</i>
<b>Desert</b>	Natural yoghurt and summer fruit	Lemon and blueberry loaf cake	Summer fruit flan	Fruit crumble with pouring cream	Fromage frais
<b>Drinks</b>	Water	Water	Water	Water	Water
<b>Afternoon Tea</b>	Pitta bread, humous, mixed fruit, vegetables and a handful raisins	Homemade cheese rolls with grated carrot and pear	Beans on toast	Crackers with cream cheese and a vegetable platter	Banana French toast with fresh berries
<b>Drinks</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

*All meals will be adapted to suit dietary needs, allergies and feeding capabilities.*



## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon	A selection of cereals and fresh watermelon
<b>Lunch</b>	Mac and cheese with broccoli, peas and a side of garlic bread	Breaded fish with rice and katsu curry sauce	Roast chicken with sweet potato mash and mixed vegetables  Quorn chicken pieces	Jacket potato with a side of cheese and beans or tuna mayo	Chicken fajitas with Mexican sides  Vegetable fajitas
<b>Desert</b>	Fresh fruit salad	Low sugar banana bread cookies	Blackberry and peach cobbler	Homemade vanilla ice cream	Rice pudding with mango puree
<b>Drinks</b>	Water	Water	Water	Water	Water
<b>Afternoon Tea</b>	Homemade pancakes with berries, bananas and raisins	Tomato soup with a side of homemade crouton sticks	Quesadillas with a veg and fruit platter	Pizza toasties with peppers and pineapple	Warm crusty bread with homemade blueberry and chia seed jam
<b>Drinks</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

*All meals will be adapted to suit dietary needs, allergies and feeding capabilities.*